

\$140/per visit

Nationwide Coverage

Clinical Coordination

Provider Matching

Easy, accessible, and effective mental healthcare, breaking barriers of cost, stigma, and availability.



Service Highlights



Immediate & Convenient Access

No long wait times; connect with licensed professionals from anywhere, eliminating travel barriers.



Flexible & Affordable Options

Offers a range of therapy formats (video, chat, phone) at lower costs than in-person visits



Increased Privacy & Comfort

Receive mental health support discreetly from your own space, reducing stigma and enhancing openness in therapy.



Broader Specialist Availability

Access a wider range of therapists and specialists, including niche experts, regardless of location.

What's the difference?

Psychologists handle more severe, complex conditions and conduct diagnostic assessments.

Counselors/Therapists focus on practical coping strategies and day-to-day mental health support.

